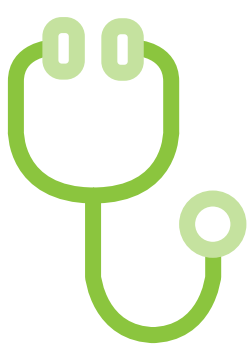




Source: United States Breastfeeding Committee.

Getting a Free Breast Pump



TALK TO YOUR DOCTOR OR NURSE

Talk to your doctor or nurse about how to get a free breast pump, and how to continue breastfeeding when you return to school or work.



CALL INSURANCE PROVIDER OR WIC

WIC and many health insurance plans, including Louisiana Medicaid, provide free breast pumps. Call the number on your insurance card or your local WIC clinic to learn more about what's available to you.



Scan the QR code or visit louisianabreastfeeding.org to find breastfeeding resources for workers and students.

